

Honesty

EQUAL

FUN

COMPASSION

LOVE

Generosity

SAFE

KINDNESS

compromise

TRUST



This is what you'll find in a healthy relationship.

If this doesn't sound like your relationship, it's time to find out more.

Learn the signs of an unhealthy or abusive relationship and ***BREAK THE SILENCE.***

For more information, visit manitoba.ca/stoptheviolence

Or, for confidential help call **1-877-977-0007**

Manitoba 